



A Report on Thalassemia Awareness and Testing

A Thalassemia Awareness and Testing Program was successfully conducted under the aegis of the National Service Scheme (NSS) Cell, with active involvement of First Semester and Second Year (SY) students who volunteered for the noble cause. The program was organized on 13th October 2025 at Matiya Patidar Ayurvedic College with the objective of creating awareness about thalassemia and encouraging early detection through screening.

The event aimed to educate students about thalassemia as a hereditary blood disorder, its causes, symptoms, preventive measures, and the importance of carrier screening. Prior to testing, an awareness session was conducted wherein healthcare professionals explained the significance of early diagnosis, genetic counseling, and preventive strategies to reduce the burden of thalassemia in society.

Approximately 60 students voluntarily underwent thalassemia testing during the program. The testing process was carried out by trained medical personnel following standard safety and hygiene protocols. NSS volunteers played an active role in coordinating the event, assisting participants, managing registrations, and ensuring the smooth conduct of the screening process.

The program received an encouraging response from the students, who showed keen interest in understanding the disease and the importance of preventive healthcare. The initiative helped in promoting health consciousness among young individuals and highlighted the role of students as responsible contributors to community health awareness.

Overall, the Thalassemia Awareness and Testing Program was a successful and meaningful initiative that aligned with the objectives of the NSS by fostering social responsibility, health awareness, and voluntary service among students.

The event reinforced the importance of early screening and awareness in preventing genetic disorders and contributed positively to public health education.

Glimpses of the day:

